

thank
you!



We're thrilled to celebrate our wide reaching partnership with HealthPartners! Their volunteers, contributions, and client referrals are instrumental in helping Open Arms provide medically tailored meals to those in need. A number of our clients are seen within the HealthPartners cares system of clinics, hospitals, and specialty centers. This past spring, a team of HealthPartners doctors even contributed the proceeds from their March Madness pool as a fun and unique way to support their patients and Open Arms! If you want to get creative with how to support our clients, please reach out to Emily Essert at emily@openarmsmn.org and we'd be more than happy to chat through all your fun ideas!

Together, we're making a real difference in our community, ensuring that critically ill individuals receive the care and support they deserve. Thank you, HealthPartners, for your commitment and generosity!



GET ANOTHER SCOOP OF NEWS!

Do you want to read more updates from Open Arms? Use the QR code or go to openarmsmn.org/thescoop to get the full SCOOP!



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the SCOOP

A helping of news from
Open Arms of Minnesota
Summer 2024



ROOTED IN LOVE AND CARE

Record Minnesota rains lead to bountiful harvests at our Open Farms!

In this
edition!



News



Events



Volunteer
Opportunities



Proud Partners

NEWS



A NOTE FROM OUR CEO, LEAH

With our inaugural Great Minnesota Bake Sale and Twin Cities Pride (pictured above is me with Twin Cities Pride Executive Director, Andi Otto!) in the rearview mirror, it's safe to say that summer got off to an energetic start! As we enter a new fiscal year, we're excited to build upon new partnerships and serve more of our critically ill neighbors. We're getting ready to launch our East African meals as part of our Cultural Meals Program and our Open Farms are flourishing. There's just never a dull moment here, even during the summer! Thank you for being a part of our community and for continuing to support our clients. Whether it's at TOAST! or in our kitchens, I hope to see you soon!



Herb-a-licious extravaganza: one bite at a Thyme

TOAST! A VOLUNTEER CELEBRATION

TOAST!

TOAST!, our annual volunteer celebration will take place on Wednesday, August 21 from 4:30-7 p.m. at the St. Paul Kitchen and Campus! This year's theme is "Herb-a-licious Extravaganza: One Bite at a Thyme." Teams of Open Arms staff will compete to create perfect one-bite treats centered around herbs grown at our five Open Farms. Volunteers are encouraged to sample our DILL-icious creations and vote on their favorite. We'll also have a tasty main dish, drinks, games, and exciting giveaways throughout the party! We can't wait to TOAST! to our volunteers for all the support they offer us throughout the year!

EVENTS



Community Hosted Fundraising Events

Support Open Arms by asking a business you love or are connected to if it would host a fundraiser (like a round up!) to benefit Open Arms! Learn more by reaching out to Dana at dana@openarmsmn.org.



MEDTRONIC TWIN CITIES MARATHON

Join Our Charity Running Team!

Open Arms is looking for enthusiastic runners to join our Twin Cities Marathon team Oct. 4, 2024! We cover the cost of entry and currently need 4 more runners for the 10 Mile Run. Message Dana at dana@openarmsmn.org and let's run to support a great cause!



PEER PERSPECTIVES CLIENT-TO-CLIENT STORIES

In our new "Peer Perspectives: Client-to-Client Stories" series, Kathleen Brogan, our client and guest writer, chatted with Brad, a client embracing second chances. In 2019, Brad faced trauma, a brief jail stint, and multiple health diagnoses, including HIV and Parkinson's. With support from Open Arms and others, he turned his life around and is now dedicated to helping others. For three years, Open Arms has provided him with nourishing meals, enhancing his well-being and giving him a community. As a member of our Client Advisory Committee, he leverages his experiences to improve services for others. Read more online about how we support individuals at pivotal life moments.



HOW SWEET IT IS

Cupcakes for a Cause, one of the sweetest events of the year, is back! From September 5-11, our friends at Lunds & Byerlys will generously donate \$1 from their delicious gourmet cupcakes to Open Arms - up to \$10,000! All of Lunds & Byerlys' 29 store locations are participating so please be sure to stop at your favorite spot because you don't want to miss the opportunity to satisfy your sweet tooth and give back at the same time. If you're not feeling like a cupcake that day, no problem - you can always contribute using donation tear sheets supplied at checkout! Thank you Lunds & Byerlys for being a trusted longtime partner and for all the ways you support our mission!

VOLUNTEER



Summer is the perfect season for families to volunteer with us! We offer unique opportunities to engage in meaningful service by preparing and delivering meals to our clients. Do you have a new driver in the family who could use practice behind the wheel? Sign up to be a meal delivery driver! Is someone looking for community service hours for National Honor Society? Help chop veggies in our kitchens! The experience is deeply rewarding and a wonderful way to create lasting memories together. At Open Arms, volunteers are not just helping hands; they are a crucial part of our community. Scan the QR code on the right or visit www.openarmsmn.org/volunteer to get your entire family registered!

