

thank you!

Boston Scientific

We are thrilled to announce a new partnership with Boston Scientific, a global leader in medical technology that develops, manufactures, and commercializes devices for a wide range of interventional medical specialties. Boston Scientific is a "Superstar" partner, generously supporting our mission through its employee donation matching and volunteer efforts. In 2024, a group of Boston Scientific employees will volunteer in our kitchens five times, helping to prepare thousands of meals for our critically ill clients. We would also like to thank the Boston Scientific Foundation for its recent grant funding to continue this meaningful work. Thank you, Boston Scientific, for your commitment to serving our community!

"We are honored to be able to support the work of Open Arms Minnesota, whose innovative programs are helping to improve the health of some of our most vulnerable communities in the Twin Cities."
- Jessica Aleshire, Program Officer, The Boston Scientific Foundation



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GET ANOTHER SCOOP OF NEWS!

Do you want to read more updates from Open Arms? Use the QR code or go to openarmsmn.org/thescoop to get the full SCOOP!



the SCOOP

A helping of news from
Open Arms of Minnesota
Fall 2024



TURKEY TIME!

Join Open Arms in serving up our largest Turkey Drive ever!

In this edition!



News



Events



Volunteer Opportunities



Proud Partners

NEWS



A NOTE FROM OUR CEO, LEAH

It's that time of year again—time for me to dust off the turkey suit! November marks the start of our busiest season, and we're ready to dig in. This is when we have the privilege of making an even greater impact by delivering nearly 6,000 turkey dinners to our clients and their loved ones. Our team is deeply committed to ensuring that each person we serve feels love, nourishment, and care during the holidays. Our work isn't possible without our incredible community, so on behalf of all of us at Open Arms, thank you for your support. Wishing you a joyful and warm holiday season, and I hope to see you soon! GOBBLE GOBBLE!!

Leah

EVENTS



Plate It Forward

Our beloved Pop-Up Dinners have been re-imagined, re-branded and re-designed for you to introduce new friends to Open Arms. We're thrilled to introduce our new event series: **Plate it Forward!** Head to our website to learn more.



Holiday Treats

Holiday Treats are back by popular demand! Support our mission through the purchase of homemade pints of cookie dough made from scratch in our bakery! Head to our Online Shop at openarmsmn.org/shop to get yours right away - supply is limited!

YESVEMBER!

The air is filled with excitement and the fall smell of roasted turkey and warm spices. It's November at Open Arms, and there's no other month like it! Since 2015, we've been transforming NOvember into YESvember for our clients across Minnesota. Once again this year, we're preparing our signature medically tailored meals, Thanksgiving feasts, and festive cookie dough pints to bring the smells of our bakery to your home. Visit our website via the link below to learn more about how you can support our YESvember efforts and discover other ways to get involved in spreading joy this month!

www.openarmsmn.org/turkeydrive



FIMC ACCREDITATION

We have earned Accreditation from the Food Is Medicine Coalition (FIMC) following a rigorous assessment of numerous aspects of our operations! This recognition places Open Arms among an elite group of organizations nationwide that demonstrate a high standard of care in delivering medically tailored meals (MTM). The FIMC accreditation reflects Open Arms' commitment to quality and consistency, reinforcing its nearly 40-year mission to nourish vulnerable community members. You can read all about this monumental achievement at www.openarmsmn.org/fimc-accreditation



WHAT IS A MEDICALLY TAILORED MEAL (MTM)?

We are excited to present a new five-part series entitled "What Is A Medically Tailored Meal (MTM)," where we will explore the Food is Medicine movement with a focus on medically tailored meals. Throughout the series, we hope to provide insights into MTM health outcomes, the work of the Food Is Medicine Coalition (FIMC), and the latest developments in the field. You will hear from healthcare professionals, food is medicine experts, and our clients as they share their experiences, expertise, and insights. We will highlight the connection between nutrition and healthcare, and help to clarify exactly what a MTM is. Head to our website to uncover the impact of our work!

VOLUNTEER



The numbers are in! Over the past fiscal year, Open Arms was supported by 6,392 volunteers who logged an Open Arms record of 73,493 hours—that's the equivalent of 35 full-time employees! Our volunteers also traveled 145,840 miles while delivering meals to our clients, which is equal to circling the globe five times! It was truly a banner year for our volunteers, the heart and soul of this organization. A huge thank you to all our volunteers who stepped up to support our clients! If it has been a while since you've volunteered, scan the QR code on the right or visit www.openarmsmn.org/volunteer to get back in the game!

